



March 2023

Transitional Executive

President: Maryse Ristuccia
Secretary: Celestine Hall
Treasurer: Joan Beal
Spiritual Development: Karen Eckert
Community/Family Life: Jenni Commanda
Dorothy Currie
Education: Corinne Santianni
Health: Krysia Theriault
Geri Crisci
Communications: Carmen Vanderreest

Contact information for the executives can be found at the end of this newsletter.

CWL Websites

National: www.cwl.ca
2023 theme: *Catholic and Living It!*
Provincial: www.cwl.on.ca
2023 theme: *Go Make a Difference*
Diocesan: www.cwltoronto.ca
2023 theme: *Called to Serve*

The Catholic Women's League of Canada (CWL) is a sisterhood, rooted in Gospel values that, "Calls its members to grow in faith, and to witness to the love of God through ministry and service". The CWL is guided by its motto "For God and Canada".

Patroness of the CWL is Our Lady of Good Counsel whose feast day is April 26th.

Parish Website

<https://stjohnsto.archtoronto.org>
This is the website for all matters relating to our church. Use it for all contact information and its many links to items such as the weekly Bulletin and other great resources for our parish and for the Archdiocese.

Parish YouTube Channel

<https://www.youtube.com/channel/UC8pLWrdARlezRMzjHZJv9aQ>
Use this link to view all videos posted by our church including Sunday Masses. Be sure to "like" the channel.

Next Meeting

With spring comes our change-over from Sunday meetings in the church Hall to meeting on Tuesday evenings in the upper room, so please make note that our next meeting will be on **Tuesday, April 4th** in the upper room, above the rectory's garage. Light refreshments will be served and all are welcome to bring a friend or partner. Our guest speaker has yet to confirm.

If you are able, please bring a donation for our local food bank – they are in need of canned vegetables & fruit, canned fish, meat & beans, cereals, pasta sauces, any nut butters and baby diapers sized 1 to 5.

Come Pray the Rosary

We pray the Rosary every Friday night at 8:00 p.m. online via Zoom. Prayers matter, prayers support and uplift. If you have a special prayer request for our Rosary night please let Maryse or Carmen know. Cameras do not have to be on and everyone will be asked to mute their microphones at the beginning of prayers. Only those leading the prayers will be heard. Everyone is welcome to follow along. The link below is the same link used every Friday:

<https://zoom.us/j/94327881622?pwd=UWpCTjR4cjFldGc5Yjk4bE5nbEg0dz09>

If needed: Meeting ID: 943 2788 1622
Pass code: 263230
Dial up: +1 647 374 4685 Canada
+1 647 558 0588 Canada

Prayers

Let us remember these fellow sisters in our prayers:
Elizabeth Barrett Marlene Libbus Carmel Richard

Help is Here

We have members who are happy to help anyone needing assistance with grocery shopping, errands or appointments. Please contact Maryse at:
maryse.ristuccia@gmail.com

Türkiye – Syria Earthquakes



Seven weeks ago on February 6th a powerful 7.8 magnitude earthquake and a series of strong tremors

and aftershocks devastated the southeast of Türkiye and northwest Syria. Two weeks later an additional 6.3 magnitude earthquake hit southern Türkiye, causing additional deaths and injuries.

More than 50,000 people are confirmed dead, tens of thousands are still missing, 87,000 are injured and hundreds of thousands are homeless across a region already in turmoil from the nearly 12-year conflict in Syria and the ongoing refugee crisis.

The World Health Organization reports that 26 million people need assistance across both countries.

Financial donations to help in this crisis can be sent through these secure online sites:

The Archdiocese of Toronto:

<https://www.archtoronto.org/en/contact-us/donations/donate-pages/donate-to-turkiye-and-syria-relief/>

Red Cross of Canada:

<https://www.redcross.ca/donate/appeal/earthquake-in-turkiye-and-syria-appeal#14bf71f5-0d57-497d-acd2-9b372e8a543a>

Message from Maryse

Our March meeting was a successful one with our guest speaker, Gene Domagala, regaling us with lots of historical notes and funny anecdotes about the places of worship in the Beaches. It was well attended by our members and also lovely to have other parishioners join us for lunch and the talk. Whenever we have speakers or activities that may be of wider interest we are happy to welcome parishioners and guests. We strive to make our parish and our group one that shares fellowship and builds community. We are a welcoming group!

Also welcome, is spring, after one of the greyest, wettest winters in over 80 years! As we have travelled halfway through Lent we are ready for the rebirth of the earth and for a joyous Easter celebration. To prepare for Lent, we organized "Mary's Way of the Cross" on a Friday evening but that cruel winter weather that blew in that day made it too difficult for people to come out. Six hardy souls made it to the church and a huge thank you to Father James who had the church steps and pathways cleared of snow. We went ahead and it was a beautiful Way of the Cross in our quiet church. Father James said he loves this telling of the last steps of Jesus and will be using it again including for the Good Friday evening Way of the Cross. Come out and participate, hopefully as spring is here, we won't get another wintery blast.

Another opportunity to come closer to Jesus in this Lenten period was our Healing Mass, held on Thursday, March 23rd. A traditional Lenten Mass focused on healing as opposed to curing; a Mass inclusive of

anointing for our physical, mental and spiritual health. Again, thanks to Father James for receiving our idea of holding this special service so enthusiastically and to the choir who enriched the liturgy with their gift of music. It was an emotionally charged service. Fr. James invited everyone to actively participate by having each attendee receive the unconsecrated bread in their hand, offer it up with their individual petitions for healing and then return it to the ciborium for consecration. Each person was anointed with holy oil and special blessings were called upon us. God bless Fr. James for this beautiful evening. As I left the church the thin crescent moon floating in the night sky just below a very bright Venus reflected the inner peace I felt.

As we near the end of our Lenten period we will have another opportunity to prepare together at our April meeting. The April meeting will be on a Tuesday, April 4th at 7:30 p.m. in the upper room above the rectory's garage. We hope that those members who could not come out on Sundays will be able to join us on Tuesday evenings. So close to the Easter Triduum, it will be a perfect time to reflect on our spiritual growth through these forty days.

At the end of April is the Toronto Diocesan Convention, this time in the eastern part of the diocese. If you are interested in attending, please check out the website for more information. For our part, we will need to vote on the proposed resolution which has been recently sent out to all members for review. As we have quite a few nurses amongst our membership, we will need all of their expertise to help us decide on this resolution. Please give us your input when you receive the information.

There are many things that the CWL is working on here at the parish level but also at the other levels. There are opportunities online to attend workshops without ever leaving home or to read up on other church councils and their activities. Please check out the websites shown on the first page of this newsletter and stay informed.

As we complete our Lenten journey, I hope that it has been a fruitful one and I wish you and your loved ones a very joyous Easter season.

Blessings

Spiritual Development

By Karen Eckert

The Exposition of the Blessed Sacrament will take place on the first Friday of each month from 4 to 5 p.m. in our church. Eucharistic Adoration is a time for deep

prayer, meditation and devotion while in the presence of Christ, through the Eucharist, on display on the altar in our church's beautiful sunburst monstrance.

We are halfway through Lent. I am sharing this prayer I thought to be appropriate.

From Death to Life

*Jesus Christ, may your death be my life
and in your dying may I learn how to live.
May your struggles be my rest,
Your human weakness my courage,
Your embarrassment my honour,
Your passion my delight,
Your sadness my joy,
in your humiliation may I be exalted.
In a word, may I find all my blessings in your trials.
Amen
--- Blessed Peter Faber, SJ*

The Manresa Jesuit Spiritual Renewal Centre in Pickering offers many different spiritual retreats, days of reflection and events throughout the year as well as lots of online virtual content. Three upcoming retreats are *Mass Alive, Yes, Really Alive!* on March 27th, *Let us go up to Jerusalem with Jesus* on March 31st and *Pausing with Jesus Before the Resurrection* on April 6th. For full details go to: <https://manresa-canada.ca/>

Health and Wellness Corner

By Health co-chairs Geri Crisci and Krysia Theriault

We have noticed a number of articles over the past month on the topic of longevity. While not particularly interested in the concept of "living longer" (particularly given that longevity has a strong genetic component), we were interested in understanding the factors that people who were interviewed, thought contributed to a long life.

We reviewed 5 articles, each of which had focused on talking to people who are 100 years or older and experiencing good health.

Across the articles we found there was commonality to the thinking. Most interesting to us, was that the factors agreed upon were all aspects that we have covered in this column, over the past year!!

Summary: There are five agreed upon factors that participants felt contributed to living longer, healthier lives:

1. Exercise. Regular and consistent, not necessarily long or arduous!
2. Cultivating connection.
3. Reading (which could also include other forms of learning through different media: listening to

podcasts or lectures; movies, television programming, etc.)

4. Eating moderately (no extremes, like fad or yoyo dieting).
5. Focus on the positive.

We would like to hear from you, our fellow CWL members. Do you agree with this list? What would you add to this list?

Please join the discussion!
Krysia and Geri

Congratulations!

On February 10th member Anu Herath gave birth to a sweet little girl naming her Olessa and "little" she was at only 1.2 kg! Arriving early meant Olessa had to stay in the hospital for a few weeks. Anu and her husband Paul visited every day, often twice, praying for her health and the day they would bring her home. That day arrived last week! Olessa, a name chosen by her big brother Olin, is settling in well. The family thanks God for this beautiful child and all those who have helped them during these past anxious weeks. Welcome Olessa! Perhaps a future CWL member?! 😊



Anu with husband Paul and little Olessa



Baby Olessa

Return of “Why the CWL?”

We have been publishing a monthly CWL newsletter for members and parishioners since 2010. That’s about 140 editions, give or take, with summer months off and months missed during the first year of the pandemic. For a couple of years we ran a column titled “Why the CWL?”. A different member was approached each month and asked to be interviewed for that month’s edition. The idea was to show that our members came from many places with very different experiences; that they were of various ages and education, some were mothers, some had careers and everyone had different interests, yet they all had the same faith. Through their faith they sought ways to serve God and others while building friendships and this brought them together as members of the Catholic Women’s League of Canada.

The column returns this month and it’s hoped that if you’re called upon that you will take a bit of time to share some general things about yourself and why you have joined the CWL.

Here is this month’s interview.

Andrea Cornista was born in Manila, Philippines and is one of 8 children in her family. She is a “cradle Catholic” and grew up in a very religious household, especially on her father’s side, where the 2nd floor of the house had been made into an actual chapel with life sized statues and where occasional Mass was celebrated.

Having just graduated with her chemistry bachelor’s degree, Andrea’s university roommate invited her to a private birthday party at a private resort on an island for Imelda Marcos, the First Lady of the Philippines from 1965 to 1986. The family of Andrea’s roommate were friends of the Marcos family. It was at that party where Andrea met her husband Salvador. They had a civil wedding in 1975 followed by a church wedding in 1976.

Andrea has always felt there is a connection between science and God. When she was 27 she, Salvador and a 3 year old son, left for the United States where she studied organic chemistry at the University of the Pacific in Stockton, California. She earned her master’s degree and began her PhD but stopped 2 years short of completing her research and thesis so she could better mother her son. She also faced great expense as an exchange student when she looked to apply for a Green Card (officially known as a Permanent Resident Card needed to live and work in the USA) so on a hot summer day in August of 1982 they packed up their Toyota hatchback “with all our belongings – pots, pans, clothes, blankets, etc. and drove north to Vancouver. We were homeless people with no jobs and no family or friends.” Arriving at the Canadian border with few

documents they were asked if they had job offers in Canada, which they did not. Andrea said, “That was 41 years ago and they just let us in!” She mused about still having another 40 more years ahead of her and laughed saying, “40 more to finish reading the Bible.” Three years after arriving in Canada they had their second son.

She continued studying at Simon Fraser University in B.C. focusing on synthetic organic chemistry and researching liquid crystals. She then moved on to the Research Department of Epidemiology at the University of British Columbia and from there to a B.C. research corporation analysing food degradation in produce and salmon due to the effluence of saw mills in the forestry industry. This is where Andrea suddenly stated, “Then I went from scientist to sandwich artist!” She went on to explain this turning point that changed her life; “We opened a Subway Sandwich franchise in Delta, B.C. and a while later we opened another!” Over the 16 years with those stores Andrea said she herself had trained most of their 850 employees. This is when and where she discovered her true self, realizing she was most definitely a “people person”.

In 2007 their oldest son moved back to the Philippines to pursue his music career. He married and they have 2 children. Andrea proudly shared that in 2005 he had been nominated here in Canada for a Juno Award for Best Contemporary Jazz Album. Their youngest son had moved to Toronto and in 2017 she and Salvador packed everything up again and also moved to Toronto to be closer to him. Last July their eldest son returned with his family and “like a boomerang, our boys were living with us again!” She said that during the pandemic she and Salvador had turned their living room into a chapel but had to remove it now with 5 more people in their house.

Andrea had been the Recording Secretary for the CWL council at Holy Rosary Cathedral while in Vancouver. After arriving in Toronto they joined St. Joseph’s Parish. That church has no CWL council so Andrea searched out our council here at St. John’s and became a member! At St. Joseph’s, Andrea teaches the Childrens Liturgy and the courses for First Holy Communion and Reconciliation. She is a Rosary Apostolate connected with 3 elementary schools in North York where she currently prays a decade of the Rosary with students in grades 1 to 3, leads meditations on the Mysteries and prays the whole Rosary with the grades 4 to 8 students. In reading through *The League* magazine Andrea noted how many members are on the centurion list and said “Let’s go for that!” She “likes to network because it’s a great way to learn.” This is one reason Andrea spreads

her volunteering across many places. As for the CWL? She finds it a “sisterhood” and “feels it’s an empowering group.” She added it gives women “a special halo” and when we come together there is real strength of our common faith and in our numbers for the good work that we do.”

Andrea, we are happy that you found us and we know that your own good work makes your special CWL halo shine even brighter!

Guest Speaker

Gene Domagala was introduced to us as our guest speaker for March by our Community Life/Family chair Jenni Commanda. In her introduction she referred to Mr. Domagala as “Mayor of the Beaches”, a title bestowed upon him by many due to his countless hours of community and charity work throughout the Beaches and elsewhere in our city for so many decades.

In 2018 Gene was honoured with a city laneway being named after him (located parallel of Swanwick Avenue between Enderby and Norwood roads) and in 2001 Gene was named Citizen of the Year for Beaches - East York. Mr. Domagala is also a “tireless crusader in pursuit of preservation of heritage sites and historic records” and conducts several historic walks in the area every year always publicized in the Beach Metro Newspaper. He is also a member of the Beach and East Toronto Historical Society and at times makes presentations to groups such as to us two weeks ago. We had asked Gene to speak on the history of places of worship in the Beaches and he came with plenty to share. Did you know our own church was often referred to as one of the two “railroad churches” in its early days? St. John’s Norway Anglican Church was the other one. The railroad shunting yards that were once located between Main St. and Victoria Park Ave. north of Gerrard St. E. employed many Irish and Italian immigrants. Many of those workers lived in the area and had rallied to have these churches built nearby as there was none. Our church actually began as a small mission in 1892 with the current building constructed in 1931. St. John’s Norway also began as a mission in 1850. The church building that stands today was built in 1893 and it still has the same bell that was on the original mission building. Its first official name was St. John’s Berkley as the Berkley family donated the land for the building and that name still exists on the land deed. Gene made it clear he was not a professional historian nor is he always right in his info sharing. He likes when people correct him and encourages others to share their knowledge with him too as “this is how we learn more”. He began his presentation with a definition of what makes a place of worship. Whether it’s a

synagogue, church, mosque, temple, etc. it’s where people gather to share their belief in God, it is not just a structure, it is the people within. He noted there are close to 160 different places in the Beaches/East End that are places of worship, all sharing the common belief in a greater being. For our presentation he focused on those places within our general area saying that “150 years ago the worship groups in the area worked together to help people in need and 110 years ago the neighbourhood Catholics, Protestants and Jews came together to work together in what still goes on today as the Beaches Interfaith Group.”

Gene referred to the following churches as “mother churches” because they are “the older churches with historic brick buildings.” He called them off as such: Corpus Christi, St. John’s Norway, St. John’s Roman Catholic, Calvary Baptist, St. Aidan’s, St. Nicholas and the first Catholic church in the area – St. Joseph’s. The Beach Hebrew Institute, formerly Kenilworth Baptist Church (1895), became the synagogue in 1920. The facade was renovated to what we see today and they are part of the Beaches Interfaith Lunch program. Gene told us about: the “tent church” on Sprucehill Rd. in the 1890’s where between 500 - 1000 people would attend - later this became St. Aidan’s Anglican Church; Hope United Church at Main & Danforth is one of the oldest in the area built by the famed Massey family. It began as a Methodist tabernacle; Danforth Mennonite Church is the first Mennonite church in the East End of Toronto. It’s a wooden structure built in 1910 and is set back a bit from the surrounding storefronts; Kingston Road United used to be on Beech Ave. before it relocated to its present location on Kingston Rd. They have just replaced their 100 year old slate roof; Seicho-No-Ie is a non-denominational place of worship at Victoria Park and Danforth (behind Canada Trust), the building was designed by Architect Raymond Moriyama; Calvary Baptist Church has been on Main St. since 1894 and has a very large beautiful memorial stained glass window made of broken window remnants of bombed out churches in Europe. They were collected during WWII by the reverend of the church who was a military chaplain during the war. This church has operated the area’s food bank for 60 years.

The newest place of worship in the area came to be only last October and is in Norwood Park (east of Main and Gerrard on Norwood Rd). It is unusual as it is outdoors. It is a designated Sacred Fire Site dedicated to First Nations, Inuit and Métis. There is an identifying City plaque at the site which Gene encouraged all to visit. One of Gene’s favourite places of worship is what

he calls the “Ashbridge church” built in 1793 and associated with the Ashbridge family. It is located west of the Ashbridge estate just east of Greenwood Ave., on the north side and can only be seen from the south side.

In his fast paced manner Gene’s unintentional humorous anecdotes kept our full attention. The way his knowledge pours from him is telltale of his love of history and for the area. If you read about one of his upcoming historical walking tours in the Beaches – go! Gene doesn’t miss a thing and he will leave you smiling. On behalf of our council, Maryse presented Gene with a lovely gift basket.



Come Sing

Your St. John’s Choir is seeking new members! Ideally, if you have previously sung in a choir and enjoy praising the Lord in song, you would make a welcome addition to our choir. Altos, tenors and basses are most welcome and of course sopranos too! Choir practice takes place weekly (September-June) on Thursdays from 7:30 pm to 9 pm, with singing at the 11 am Mass. Interested? Contact choir director Eric Walker at ejwalker@sympatico.ca or speak to any choir member, several of which are CWL members.

2023 Membership Drive

The annual membership fee has increased to \$35. There is confidential assistance for any woman needing help to pay her membership - please contact Maryse maryse.ristuccia@gmail.com Any female 16 years or older is welcome to join! The annual fee can be paid in one of the following ways:
By e-transfer to our new council account at: jaybeescwl@gmail.com or a cheque sent by regular mail to Maryse’s address below or drop off a cheque or cash payment into her mailbox or Carmen’s mailbox:

Maryse Ristuccia
87 Coalport Dr.
Scarborough, M1N 4B5

Carmen’s mailbox – 66A Osborne Ave.

Cheques are payable to "St. John's CWL".

Please be sure to include your name, address, phone number and email address so we can update our records. Please PRINT.

The name and number of a contact person in case of emergency or difficulty reaching you would also be appreciated.

If these payment methods are not convenient for you, contact Maryse to pick your payment up:

maryse.ristuccia@gmail.com

Calendar

March 25th – CWL Soda Bread fundraiser after each Mass in the church vestibule
March 26th – Earth Hour 8:30 to 9:30 p.m.
April 2nd – Palm Sunday
April 2nd to 8th – Holy Week
April 7th – Good Friday – Mary’s Way of The Cross
April 8th – Holy Saturday
April 9th – Easter Sunday
April 10th – Easter Monday
April 16th – Divine Mercy Sunday
April 22nd – Earth Day
April 24th/25th – CWL’s 102nd Toronto Diocesan Convention in Ajax
April 26th – Feast day of Our Lady of Good Council

March Celebrations!



Happy birthday to everyone celebrating a birthday this month including:

- **Corinne Santianni** on the 8th!
- **Joan Beal** on the 30th!

Please share your birth date or anniversary date with Carmen so it can be celebrated here!

Virtue of the Month

From the Toronto Catholic District School Board:
March virtue is Forgiveness.

- “Do not judge and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven.”
(Luke 6:37)

- “Whoever is forgiven much, loves much.”
(Luke 7:47)
- “If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”
(John 1:9)
- “Pray for someone you need to forgive.”
(Author unknown)
- “If you can’t forgive and forget, then pick one.”
(Author unknown)



50/50 Lottery

Tickets are now on sale for the 2023 Knights of Columbus 50/50 draw in support of Ontario Food Banks and the Special Olympics. There are four quarterly draws and the next one will be on **April 30th** – jackpot is based on total ticket sales and there is one early bird draw remaining set for April 1st.

Tickets are 15 for \$10, 40 for \$20 or 100 for \$40 for each quarterly draw. Ticket numbers are computer generated and emailed to the buyer.

When ordering tickets there is a drop-down menu under “Organization” to choose the parish council you support – St. John’s Council number is “Scarborough Beaches 7008”.

For full details and to purchase your tickets go to:
<https://www.kofcontario5050.com>

Milk Bag Project

[We still need members to crochet milk bags into mats for our city’s homeless. If you cannot attend meetings or be active in our volunteer work, this is a way you can contribute from your own home. It is a simple crochet stitch that results in a useful mat, helping someone in need.](#) Call or email Maryse to learn about this simple way that you too can be involved: 437-983-0557 or maryse.ristuccia@gmail.com

When saving milk bags for this ongoing project please fold or roll clean and dry outer milk bags together instead of crinkling them up. This makes it easier for cutting them into strips to be woven into mats.

Any that you have collected can be dropped off to the front porch of either:

Maryse’s house at **87 Coalport Drive**
Carmen’s house at **66A Osborne Ave.**

Catholic Family Services

A wide variety of programs and services are offered through Catholic Family Services of Toronto. Their counsellors “are prepared to work with the needs, strengths, values, and goals of individuals and families. We also recognise and sensitively respond to differences in cultural, racial, gender, and religious backgrounds of clients.”

Please call **416-921-1163** (Central Toronto office) or **416-222-0048** (North Toronto office) and leave a message with your name and contact information. A staff person will contact you and provide you with further information.” You can also send an email to this email address: info@cfstoronto.com

FEE FOR SERVICE:

Counselling fees are charged according to a client’s income level. No one is denied service because of his/her inability to pay fees.” For more info go to:
<https://www.cfstoronto.com>

CWL Bursaries

CWL’s National Bursary Fund was established in 1990 and provides members with financial assistance while pursuing studies, courses, seminars, workshops and diploma/degree programs in areas of, spiritual growth, adult faith formation, youth ministry, ministry to patients in palliative care, ministry to shut-ins, parliamentary procedure, and literacy tutoring.

New this year! The addition of education toward a nursing degree!

Deadline to apply is May 15th. Members use this bursary opportunity to take online courses and workshops. One thousand dollars can be awarded per year to a maximum of \$4,000 in a member’s lifetime. Refer to item #552 on the League’s national website for criteria and application information. The League brochure is found at:

<https://cwl.ca/wp-content/uploads/2019/09/312-National-Bursary-Fund-Brochure-2019.pdf>

CWL National Webpage

In ongoing efforts to inspire you in faith, service and social justice the League is happy to introduce a new permanent webpage that has been added to the CWL national website. “To Inspire” is the home for inspirational messaging and videos promoting the League: <https://cwl.ca/to-inspire/>

WUCWO

The Catholic Women's League of Canada (CWL) is officially recognized by the Canadian Conference of Catholic Bishops (CCC) as a lay association of women and is affiliated with the World Union of Catholic Women's Organizations (WUCWO), a world-wide federation holding membership in the conference of International Catholic Organizations. Go to this link to discover all that WUCWO does and to read their monthly newsletter:

<https://www.wucwo.org/index.php/en/>

The CWL & Canadian Blood Services



There is still an immediate need for new and returning blood donors!

The urgent need for blood, platelet and plasma continues across our healthcare system.

There are 31,000 fewer active donors than at the beginning of the pandemic – this is the greatest decline in numbers in a decade.

There are three permanent Canadian Blood Service centers in Toronto: 2 Bloor Street East, 67 College Street, and 163 King Street West. If you're in good health, please visit blood.ca to book an appointment and for the latest updates.

Everyone has the privilege to donate blood and encourage others to donate. CWL members are asked to give the gift of life and to register with Canadian Blood Services "Partners for Life" program using the League's unique Partner ID **CATH011269** to record donations.

For information on Blood Services go to:

<https://www.blood.ca/en>

Genetics

On the topic of Genetics, you can monitor and study the advantages / disadvantages of scientific developments in light of teachings of the Catholic Church through the Canadian Catholic Bioethics Institute (CCBI). Current information is available regularly on the CCBI website.

<http://www.ccbi-utoronto.ca/>

St. John's CWL Council Contact Information

Maryse Ristuccia:

maryse.ristuccia@gmail.com 437-983-0557

Celestine Hall:

cf.hall@sympatico.ca 416-694-8922

Joan Beal:

joanbeal@rogers.com 416-693-4255

Karen Eckert

Eckertk@bell.net 416-702-7891

Corinne Santianni:

zed28@rogers.com 416-436-0300

Jenni Commanda:

laughterseasoning@bell.net 647-346-2040

Dorothy Currie:

dorothy.ghosh@yahoo.com 416-804-1793

Krysia Theriault:

krysiatheriault@gmail.com 416-686-2742

Geri Crisci:

gcrisci@ckmconsultation.com 416-697-4544

Carmen Vanderreest:

vanderreestcarmen@gmail.com 416-691-5165