



June 2022

Transitional Executive

President: Maryse Ristuccia
Secretary: Celestine Hall
Treasurer: Joan Beal
Spiritual Development: Open
Community/Family Life: Jenni Commanda
Dorothy Currie
Education: Corinne Santianni
Health: Krysia Theriault
Geri Crisci
Communications: Carmen Vanderreest

Contact information for the executives can be found at the end of this newsletter.

CWL Websites

National: www.cwl.ca
Provincial: www.cwl.on.ca
Diocesan: www.cwltoronto.ca

The Catholic Women's League of Canada (CWL) is a sisterhood, rooted in Gospel values that, "Calls its members to grow in faith, and to witness to the love of God through ministry and service". The CWL is guided by its motto "For God and Canada".

Patroness of the CWL is Our Lady of Good Counsel whose feast day is April 26th.

Parish Website

<https://stjohnsto.archtoronto.org>

This is the website for all matters relating to our church. Use it for all contact information and its many links such as the weekly Bulletin and other great resources for our parish and for the Archdiocese.

Parish YouTube Channel

<https://www.youtube.com/channel/UC8pLWrdARlezRMzjHZJv9aQ>

Use this link to view all videos posted by our church including Sunday Masses. Be sure to "like" the channel.

Next Meeting

We are taking a break for the summer and plan to hold our next meeting and council anniversary celebration in mid September. Details will be sent in early September. Have a wonderful summer!

Come Pray the Rosary

We pray the Rosary every Friday night at 8:00 p.m. online via Zoom. Prayers matter, prayers support and uplift. If you have a special prayer request for our Rosary night please let Maryse or Carmen know. Cameras do not have to be on and everyone will be asked to mute their microphones at the beginning of prayers. Only those leading the prayers will be heard. Everyone is welcome to follow along. The link below is the same link used every Friday:
<https://zoom.us/j/94327881622?pwd=UWpCTjR4cjFldGc5Yjk4bE5nbEg0dz09>

If needed: Meeting ID: 943 2788 1622
Pass code: 263230
Dial up: +1 647 374 4685 Canada
+1 647 558 0588 Canada

Prayers

Let us remember these fellow sisters in our prayers:
Elizabeth Barrett Marlene Libbus Anna Carmel Richard
And please pray for the repose of the soul of Lorraine Dietrich, Jane Dietrich's mother.

Help is Here

We have members who are happy to help anyone needing assistance with grocery shopping, errands or appointments. Please contact Maryse at:
maryse.ristuccia@gmail.com

Aid for Ukraine



As the war on Ukraine continues there is urgent need for humanitarian help. Prayer is needed as are financial donations which can be made through these secure links:

The Archdiocese of Toronto
<https://www.archtoronto.org/en/contact-us/donations/donate-pages/donate-to-humanitarian-relief/>

Canadian Red Cross
<https://donate.redcross.ca/page/100227/donate/1?locale=en-CA>

Message from Maryse

It seems as if the months have flown by, and now here we are, after our June in-person meeting, ready to take our summer hiatus. It was a wonderful evening when we met for only the second time in the past two years for our June general meeting. Thank you to those who attended. The minutes will be going out to the membership shortly so that you can be up to date. After our brief business meeting we spent the time socializing and it felt so wonderful to relax and talk in person, we need these opportunities to share and build our relationships. God willing that the pandemic situation continues to improve, we will have more opportunity to meet and share together in September. A big thank you to your executive committee members. Their participation and hard work behind the scenes are greatly appreciated by me and I am sure by all the membership. When you see an event that has gone well, our informative newsletter or a smoothly run meeting, that is all thanks to the preparation behind the scenes by the various executive members. I know that they will continue to think of great ways to put our faith into action and to bring us together in fellowship. Thank you also to our CWL Spiritual Advisor, our Pastor, Father John-Mark Missio. It has been a very good thing that he has been able to attend some of our online executive meetings which help us with our planning and execution of our ideas. He has been supportive of our projects and we also hope that we have been able to support him in his ministry at St. John's. Congratulations to Father John-Mark on celebrating 25 years since his ordination to the priesthood. We pray that he continues to fulfill his vocation in a fruitful and inspiring way, and we will continue to support his efforts. Congratulations Father John-Mark! Although we break for the summer, the ideas for future meetings and speakers and events don't take a break. Our minds keep coming up with great ideas for discussion when we gather again. If you have an idea, please reach out to me or one of our executive members. This is your council too! Thanks be to God for all that we have been able to accomplish with the many pandemic restrictions that have been in place. I hope that there was something that we offered that spoke to you and made your day better. See you in September, invigorated and more active! Blessings,
Maryse

Message from Our Clergy

This space is shared by Fr. John-Mark and Deacon Paul on a rotating basis. This month Fr. John-Mark sends the message:

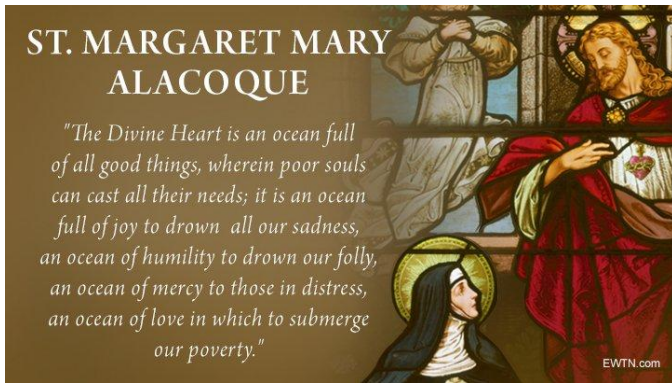
Learning from the Master Gardener

*The righteous flourish like the palm tree,
and grow like a cedar in Lebanon.
They are planted in the house of the Lord;
they flourish in the courts of our God. Psalm 92:12-13*

June brings the joy of seeing gardens flourish at last, with the flowers planted in May coming into their own, and tender vegetables forming in miniature, giving signs of good things to come. Even apartment dwellers often have a herb garden on the balcony, and those with the luxury of a back yard might even have a miniature farm. Like the palm tree and the Lebanon cedar, plants flourish where there is light. All of them stretch upwards toward the light, for it is written into their being that they should seek that which gives them life. A plant cannot choose to grow its roots upward, or bury its blooms in the dark earth. You and I are meant to flourish in the courts of our God. We are meant to bask in the grace of God, and strain towards it, to become the people of righteousness that the Divine Gardener has designed us to be. By bringing God's love to others, in word and action, we become co-gardeners with Christ as he prepares the world for a harvest of righteousness. And by quietly listening to him in prayer, we become even better harvesters, because he speaks in the silence of hearts that long for his wisdom. Just as the fields need to lie fallow for a time, and regenerate nutrients, we must take time daily to sit at the feet of the Master Gardener. The balance of activity and prayer challenges each one of us in a different way, and we must all be sure that we do not neglect either. Ponder some of these things that gardens teach us this month, while you have your hands occupied, be that with plants or with rosary beads, and use some of these warm summer days to strain towards God's grace in new ways.

Spiritual Development

By Maryse Ristuccia



June is the month of the Sacred Heart of Jesus. As we break for the summer, I wish that you will find God in the sunshine and beauty that is all around us. Perhaps this will be the time to take up a new devotion or take that Rosary Walk each morning. At our June meeting this prayer was shared as our short reflection. I hope that you will find it meaningful.

A Summer Blessing

May you walk with God
This summer
In whatever you do
Wherever you go

Walking with God means...
Walking with honesty
And with courage,
Walking with love
And respect
And concern for the feelings of others

May you talk to God
This summer
Every day and
In every situation

Talking with God means...
Praying words of praise
For the beauty of creation
Saying prayers of thanks
For friends and good times,
Asking God's help
In all your decisions
Expressing sorrow
When you have failed

May you talk with God
Every day. Amen.

- Author unknown

Our Friday night online Rosary continues throughout the summer months. Please join us when you can.

Information is on Page 1. What began as a pandemic accommodation during Lent has turned into a comforting Friday night habit. We have had friends joining in from distances such as New Brunswick and even Ireland so the summer cottage is well within range! We would love to have you come and pray with us.

Each month the Pope has a chosen intention for the month and for June this year it is praying for families. The family, no matter how large or small or how it is made up; it is the first place we experience love and acceptance and learn to live and share with others. Let us remember in our prayers this month our own families and those in our parish that they may be places of nurturing love. The Pope's prayer intention is, "We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives. Amen."

Many of us use the quieter summer months to spend a little more time reading. This may be a good time to read something faith based; there are so many choices available. Our own shepherd, Cardinal Collins has just released his new book "For Love of the Church". If you take the time to read a book on faith, perhaps we can share what we have enjoyed and learned from it when we come together again in the fall. I plan to finish a book I started two years ago and only got half way through, a book about Pope Francis and his inspiration St. Francis of Assisi.

This month, June, is dedicated to the Sacred Heart of Jesus. The devotion to the Sacred Heart dates back to the 1600's. St. Margaret Mary Alacoque was a French nun who experienced visions of Christ. In 1673, she experienced Christ's presence in an extraordinary way while in prayer. She heard Christ explain that he desired this devotion. Here is a link to a short film trailer about the apparitions:

<https://www.youtube.com/watch?v=ZsyHW9zvqiY>.

Cardinal Collins suggests that we revive the devotion to the Sacred Heart and last year wrote a pastoral letter on this topic. To read more from the Cardinal's pastoral letter on the Sacred Heart of Jesus, below is the link. There are several resources on the website that are well worth checking out, please visit:

<https://www.archtoronto.org/sacredheart>. This is a significant reflection on one of the most sacred symbols in the Catholic faith and what it can teach us in these difficult times. Cardinal Collins writes beautifully, and I found his pastoral letter inspiring.

Wishing you a restful summer where you will continue to make time to walk and talk with God.

Blessings.

2022 Membership

Any female 16 yrs or older is welcome to join! If you have yet to renew or are interested in joining, the \$25 annual fee can be paid in one of the following ways: e-transfer to our new council account at: jaybeescwl@gmail.com or mail or drop off a cheque to Maryse Ristuccia at 87 Coalport Dr. M1N 4B5 or to Joan Beal at 25 Ferncroft Dr. M1N 2X3. Cheques are payable to "St. John's CWL". Please include your name, address, phone number and email address if you have one. If these payment methods are not convenient for you, contact Maryse to pick your payment up: maryse.ristuccia@gmail.com
We look forward to this 61st year as a council!

Still Needed

There is one position left to fill on our executive. We hope there is a member interested in taking on our Spiritual Development chair position. Is it you?! Executive positions are very important to our council but are not overly time consuming. We work together and provide lots of support. Please consider stepping up for this role. If you wish to discuss what the role entails, please contact Maryse or go to this link: <https://ottawa.cwl.on.ca/files/1%20Duties%20of%20the%20Officers%20Answers.pdf>

Papal Visit

The Vatican has confirmed plans continue for the Pope's visit to Canada from July 24th to the 29th even though he has cancelled a planned trip to Congo and South Sudan from July 2nd to 7th. This will be the first visit to our nation by Pope Francis and it will focus on Indigenous Healing and Reconciliation. He will have three main stops: Edmonton, Quebec City and Iqaluit with locations near those city sites yet to be finalized. It was hoped that the Pope would visit Winnipeg which has the largest Indigenous population (over 92,000) of any major Canadian city. The last time Canada was visited by a pope was 20 years ago when Pope John Paul II came in 2002 to celebrate World Youth Day in Toronto.

National Indigenous History Month

June is National Indigenous History Month. It's a time to reflect on the unique histories, sacrifices, cultures, contributions, and strengths of our First Nations, Inuit, and Métis Peoples. National Indigenous History Month is a time for Indigenous Peoples to celebrate their history with pride and preservation and for non-Indigenous Canadians, it is an opportunity to learn and show recognition of the

role Indigenous Peoples have played and continue to play in shaping Canada.



“National Indigenous Peoples Day takes place on the summer solstice, June 21st. It's a special occasion to learn more about the rich and diverse cultures, voices, experiences and histories of First Nations, Inuit and Métis peoples.

Learning about Indigenous Peoples, places and experiences is a step forward each Canadian can take on the path to reconciliation.” – Government of Canada
Go to this government website to learn more about National Indigenous Peoples Day and National Indigenous History Month:

<https://www.canada.ca/en/canadian-heritage/campaigns/celebrate-canada/indigenous-peoples-day.html>

Rest in Peace

On June 28th, 2015 our council hosted the first ever CWL Toronto Diocesan Aboriginal Mass to honour our Native brothers and sisters. Indigenous Elder John Robinson of Toronto's Native People's Mission, part of St. Ann's Church, brought many Native spiritual aspects to the Mass. These included a smudge ceremony, drumming, and acknowledgement of the 4 Earth directions. Elder Robinson passed away unexpectedly at the end of May. To read more about John and his 50 year legacy of serving the Native People's Mission go to:

https://www.catholicregister.org/item/34495-respected-elder-passes-unexpectedly?mc_cid=76f87a5879&mc_eid=e5b191b3a5



Mental Health and Wellness Corner

By our Health co-chairs Geri Crisci and Krysia Theriault

As we are entering the summer season let's all take a deep breath and pause to reflect on our blessings. We have all heard the phrase "walk in gratitude". What does this phrase mean to you? Does it depend on whether you are facing struggles and challenges? Is it easier to walk in gratitude when life is relatively ok? I think most of us would agree that the smoother life is flowing, the easier it is to be grateful! Our faith reminds us "do not be afraid"; we are encouraged in numerous Bible passages to "keep faith".

From a mental health point of view, this type of attitude is also a protective factor. When we consider what we have been given, rather than what we don't have; when we look above and not below; when we breathe through anxiety and search for the inner calm, the "inner locus of control" that will give us peace, we are practicing good mental health.

Summer is the ideal time to take advantage of good weather, sunshine and the ability to walk outside without going through a 20 minute ritual of "bundling up"! We can spend time sitting outside: in yards, parks, outdoor cafés and restaurants; spending time with family and friends just enjoying the weather. It is the time of seasonal berries, summer fruits, watermelon and ice cream. So many little pleasures to look forward to and enjoy. It is a time to fill our senses: all 5 of them! Why? Every moment of awareness of our surroundings that make us smile, produces (remember?) serotonin!!! The happy chemical in our brains which increases our capacity to cope. Every connection with loved ones, friends, even strangers which results in a smile or laugh, increases the production of regulatory fibers in the brain (remember??) which then produces the self soothing fiber production, which makes us internally stronger.

Let's help each other get stronger by smiling (very hard not to smile back at someone who is smiling at you!); trying to think of others first; and doing one kind thing a day.

Each of these suggestions to think about fall under the topic of Mental Health Promotion. Perhaps we can each use this summer to think about strengthening our connections to others or creating new connections which can grow over the season and, just maybe, carry us through the winter (rumour has it that winter follows fall..).

This positive mindset business does take practice, particularly if you have been struggling yourself or someone you love is struggling. Whether it be physical health issues, emotional difficulties, spiritual crises – any type of situation or circumstance which is draining,

worrisome or discouraging. Patience with ourselves and others helps us "practice" developing our positivity, which serves our mental health.

We, who are reading this newsletter, have the additional benefit of our faith and faith community. You do know, that we at the CWL are here to help. Always happy to hear from you. Always happy for suggestions! Wishing you all the best! See you in September!

June Celebrations!



Happy birthday to everyone celebrating a birthday this month including:

- **Our church** building turned 90 on the 5th!
- **Lucille Covelli** on the 6th
- **Pat O'Hara** on the 8th
- **Linda Duke** on the 8th
- **Lisa Robichaud** on the 12th
- **Jane Dietrich** on the 23rd

Congratulations to:



Kay Ainey and her husband Rick celebrating their 48th anniversary on the 1st!

Lisa McCourt on her recent retirement!

Outdoor Rosary

May is the month dedicated to Our Lady. As a loving way to end the month and honour Mary we held an outdoor Rosary in the afternoon on Saturday, May 28th. Beginning at the front of the church we walked around the building, stopping to pray a decade at each side, ending at the front again. We plan on another outdoor Rosary in October – month of the Rosary; perhaps you'll join us then?



Attendees of the Outdoor Rosary

Favourite Flower

June is the time that gardens spring forth with colour assuring all that winter is truly behind us and summer is about to begin. The question asked of members this month was, what is your favourite flower and why?

Joan Beal wrote and sent in this photo:



“Peonies - so beautiful and so fragrant. I am blessed with a husband who loves gardening and caring for a variety of peonies from my parents and my aunt’s gardens. Pinks, whites and a raspberry coloured flower. Bouquets are ever present and fill the house with their wonderful fragrance.”

Corinne Santianni wrote and sent these photos:



“I was blessed to be a teacher and start in a new school that was not even built or named. It was near my house and I often walked by to see how the construction was coming along. I started in the fall of 2005 and was happy to learn the name of the school: St. Julia Billiard. Julia Billiard (12 July 1751 - 8 April 1816) was a French religious leader, social worker, educator of poor children, and Roman Catholic saint, who founded the Sisters of Notre Dame de Namur. With financial resources from Françoise Blin de Bourdon, the Congregation's co-foundress, Julia opened free schools for girls living in poverty. She also opened day schools for middle-class girls and academies for the wealthy, both of which supported the free schools. She loved sunflowers because as the flower grows, it turns to face the sun, just as children turn their faces to God’s light!

I also love sunflowers. To me, they are big, bold and beautiful!”

Celeste Hall wrote:

“We were asked to reflect on our favourite flower this month and I realized that I cannot honestly say I prefer one flower over another.

Living and trying to survive with our faith intact during the 21st century is a challenge for each and every living person of faith. To be truthful driving around Toronto, would test the faith of any individual.

What has saved my faith in such demanding times is in

recognizing that nature and its many gifts is God’s way of helping us during difficult times. My advantage is that I am a Horticulturist and thus I have made a point of surrounding myself with God’s gift of plants.

To me God provides flowers through the seasons to remember him and to relax and enjoy the beauty and the majesty of his creations. Looking out into my gardens in March to see the snowdrops blooming and reminding us that spring is around the corner. The scents and colours of the spring flowering plants and trees; the hyacinths, tulips, crocuses, scilla, crab-apple trees, cherry trees, magnolias. Then, thinking of William Wordsworth’s poem “The Daffodils”, like the daffodils, I celebrate the beauty of God’s picture called Nature. However, the greatness of beauty can also be found along roadways, up north in June, lilac bushes act like hedges, the beauty and the scents are overpowering and make you remember that there is something greater than ourselves.

The summer months provide us with so many flowering plants to lift up our spirits, from the weigelas, azaleas, spireas, and hydrangeas. At last but not the least, the small individual flowering plants, there are so many to name but I will list a few; delphiniums, poppies, iris, daisies, bleeding hearts and wild phlox.

Some of the most powerful coloured flowers and shrubs God gives us in the fall, like wild sumac along the roads with their powerful red plumes. Then finally the chrysanthemums with so many strong and attention-grabbing colours to delight the soul.

As I say, I have no favourite flower because I have come to appreciate each and every beautiful plant and tree allowed to grow wherever I may find myself. I feel blessed that I see God’s glory in all.”

Norma McCleverty wrote:

“As soon as the snow has melted, and before the regular planting season has begun, my thoughts go to PANSIES!



Those beautiful, colourful, simple plants signify to me that spring is here, or will soon be! They were my dear mum's favourite flower and she always remarked about their

"faces". They are always a welcome addition to otherwise bleak flower beds awaiting summer planting. Of course a smile and love go with their planting, thinking of dear mum. 🙏"

Carmen Vanderreest wrote:

"This is a hard one to answer. I love all flowers, from those considered weeds to the finest florist offerings.



Flowers of the woods, tropics, tundra and even those found on cacti, they can all turn my head! God has given them all a purpose and blessed us with their show of colours and scents. I don't regularly buy flowers for myself but when I do, I purchase

freesias. Their bright colours and incredible fragrance make me happy. Each sturdy stem produces 5 to 7 tubular flowers and their vase life is a good 2 weeks."

Geri Crisci wrote:

"I have a number of favorite flowers, each connected to my childhood and my grandmothers' gardens.

My family lived in a large, three family, turn of the century home. My father's parents lived on the first floor, and my grandmother loved flowers.

Our walkways were lined with beautiful blooming hostas, with orange tiger lilies lining the perimeter of the property, just behind the hedge. Her favorite, however were roses. All types and colors: pink tea



roses, a climbing variety grew along one fence and surrounding my grandfather's vegetable garden; red and pink "easy does it" roses were plentiful; lastly, bonica shrub roses

(whitish-pink) adorned the backyard fence. My mother's parents lived down the block from us (hence, as children, we would identify thus, "Grandma downstairs" and "Grandma down the corner"). My mother's Mom had many beautiful lilac bushes, forsythia and lily of the valley. My childhood springs and summers were filled with beautiful fragrances and visuals, as my grandmothers' gardens bloomed. In my current home, I have a very small, shaded yard, but have managed to grow a lilac, hostas, lily of the valley and forsythia. The roses have proven to be a challenge. Any and all suggestions welcomed from rose growers! My yard has provided many smiles as I watch and smell the memories of my childhood bloom.

Such gifts my grandmothers gave to us! They would ensure that everyone had fresh cut flowers for our homes, bringing the outdoors inside. Lovely! Thanks for the opportunity to bring back so many wonderful memories."

Deborah McNorgan wrote:

"Peonies are big and lush, and a beautiful reminder that



summer is just around the corner. They're not around long, but that just makes them even more precious, and they burst out late spring every year without any work!"

Louise Lundy wrote:

"I love many flowers but the lily of the valley and the



lilac make me very happy because they confirm to me that Spring has truly arrived but especially because their perfume reminds me of my childhood."

Maryse Ristuccia wrote:

How can I ever decide which is my favourite flower? An impossible choice to make as I love them all! The spring lilacs that take me back to moving into our first home, the weekend that the lilacs bloomed, their fragrance wafting through the open windows. The late spring blossoms of peonies that are so brief with their light scent and delicate petals that always remind me of the peony bushes in my parents' backyard. The summer



sunflowers that remind me of travelling through the south of France and through Tuscany and the Van Gogh paintings in the National Gallery in London. Late August when the lavender is in its full beauty, it takes me back to hiking in

Provence and is a favourite scent that I use in soaps and lotions. Summer also brings the many colours of gladiolas, my birth flower. I love how long lasting the blooms are and all the amazing colour combinations I can put together in a bouquet. And then it is fall and the brilliant colours of mums! So many flowers and their wonderful variety: in colour, shape and scent, just impossible to pick a favourite."

Gardener Emerita

Speaking of flowers by Carmen Vanderreest

After 14 years of caring for the church's 3 gardens I have hung up my trowel and knee pads. Member Margaret Ryan and I took over the gardens when our long time custodian at the time, Risto Nihtila, could no longer tend to them. After 3 years working together with Margaret she too could no longer garden so I worked solo for a number of years. I sought out helpers but had no takers except for one spring when member Louise Bennett helped with the planting. In 2016 member Anu Herath began assisting with the initial planting and occasional watering. Member Béatrice Kouamé also joined in to help with watering for 2 summers and both ladies would take turns caring for the gardens when I went on vacation. In these last 2 years Grand Knight Noel Baszak has done the watering. Sincere thanks to you all for your help! For many years the gardens were supported by a weekend "Flower Sunday" collection of loose change, and often bills, donated by parishioners, before that, during the 3 years Margaret helped, she was the one who insisted on paying for everything! Big thanks to all those who pitched in on Flower Sunday over those years so the gardens could bring so much pleasure to parishioners and the greater community. Did you know those church gardens were twice acknowledged by the Beach Garden and Horticultural Society! The gardens became a special place for so many passersby during the pandemic summers of '20 / '21. With little else to do but walk or bike ride many people would stop, sit on the benches and enjoy the bright colours, bees and butterflies; many telling me it was a highlight of their daily trips along Kingston Rd. A mighty thanks to our CWL council and a few very generous members who carried the brunt of the funding for the gardens during those 2 years! Two weeks ago after a Tuesday morning Mass Fr. John-Mark quietly (my choice) presented me with a lovely framed plaque that reads in part, "in appreciation for lovingly tending St. John's garden for so many years". It depicts the front of the church with the garden that was grown in 2020 when Fr. John-Mark arrived at St. John's and has an inlay of the stained glass window of St. Thérèse



has an inlay of the stained glass window of St. Thérèse

of Lisieux also known as the "Little Flower of Jesus". It has been a great pleasure and honour to have shared my God given gift of gardening for the beautification of our church and the joy it has brought to so many over these years.

Please be kind to the bees and all other pollinators!

Congratulations!

Fr. John-Mark was one of 27 Jubilarians celebrated on Alumni Day at St. Augustine's Seminary in May. He has recently celebrated his 25th year as a priest. Congratulations Fr. John-Mark, here's to many more! To read an interview taken on Alumni Day with Fr. John-Mark please go to this link:

<https://staugustines.on.ca/news/alumni-day>

Special Recognition

At the end of Mass last Sunday, June 19th, retired choir singer Paul Williams was presented with a lovely treble clef lapel pin recognizing his more than 20 years of dedication and contribution to the choir. His deep bass voice has enriched the liturgy every Sunday creating beautiful harmonies. After the recognition and recessional hymn the choir sang Handel's *Hallelujah* chorus under the direction of organist and choir master Eric Walker. This was a special offering to parishioners as they have now taken a break for the summer.



Fr. John-Mark & Paul



Eric Walker & Paul

Parish Barbeque

The Knights of Columbus hosted our free parish barbeque after the 11:00 Mass last Sunday. As this was the first in 2 years and it was also Father's Day there was some prior concern about attendance, but that was soon dashed as people started lining up for hamburgers and hotdogs, salads and drinks. The event was set up in half of the parking lot behind the church which made for lots of room and sunny fresh air for mask-less eating

and socializing. The Knights served up the main dish while volunteers, including some of our CWL members, helped out with serving toppings, salads and drinks.



Parish Barbeque 2022

Synod on Synodality



Synod 2021 2023 Pope Francis has invited the whole Church to “listen” in order to learn to be a synodal church.

His invitation is to rediscover listening as an essential condition for good communication.

Although the Diocesan Phase of the 2021 -2023 Synodal process is now closed, Catholics can still express their individual opinions and concerns on any Church related topic, good or bad, by writing directly to the Vatican at: synodus@synod.va

Pope Francis has said “The Synod on Synodality is an ambitious two-year global process of listening to the faithful ... asking every Catholic to help discern what the Holy Spirit is telling us at this moment as the Church enters its third millennium.”



50/50 Lottery

The Knights of Columbus continue to fundraise for “Food for Families” in Ontario through an online 50/50 lottery

for 2022. Tickets are 15 for \$10, 40 for \$20 or 100 for \$40 for each quarterly draw. Ticket numbers are computer generated and emailed to the buyer.

Hurry - the second quarter jackpot draw takes place **June 30th**, with a take home prize of \$16,235!

When ordering, there is a drop-down menu under “Organization” to choose the parish council you support – St. John’s Council number is “Scarborough Beaches 7008”.

For full details and to purchase your tickets go to:

<https://www.kofcontario5050.com>

June Calendar

- 5th – Pentecost Sunday
- 12th – Holy Trinity Sunday
- 19th – Corpus Christi Sunday
- 19th – Father’s Day
- 21st – National Indigenous Peoples Day
- 24th – Most Sacred Heart of Jesus
- 25th – Immaculate Heart of Mary



Blessings on all fathers, grandfathers and father figures!

Milk Bag Project

We now have 3 members crocheting milk bags into mats for the homeless! Please fold or roll clean and dry outer milk bags together instead of crinkling them up to make it easier for the cutting process.

Any that you have can be dropped off to the front porch of either:

Maryse’s house at **87 Coalport Drive**

Carmen’s house at **66A Osborne Ave.**

Virtue of the Month

From the Toronto Catholic District School Board:

June virtue is Faithfulness.

- “You must love Yahweh your God with all your heart, with all your soul, with all your strength” (Deuteronomy 6:5)
- “...The saints are the true bearers of light within history, for they are men and women of faith, hope and love.” (Deus Caritas Est)
- “God has not called me to be successful. He called me to be faithful.” (Mother Teresa)
- “To trust God in the light is nothing, but to trust him in the dark. That is faith.” (C.H. Spurgeon)
- “He calls us to faithfulness in both the miraculous and the mundane.” (Deidra Riggs)

Catholic Family Services

A wide variety of programs and services are offered through Catholic Family Services of Toronto. Their counsellors “are prepared to work with the needs, strengths, values, and goals of individuals and families.

We also recognise and sensitively respond to differences in cultural, racial, gender, and religious backgrounds of clients.”

Please call **416-921-1163** (Central Toronto office) or **416-222-0048** (North Toronto office) and leave a message with your name and contact information. A staff person will contact you and provide you with further information.” You can also send an email to this main address: info@cfstoronto.com

FEE FOR SERVICE:

Counselling fees are charged according to a client’s income level. No one is denied service because of his/her inability to pay fees.” For more info go to: <https://www.cfstoronto.com>

CWL Bursaries

CWL’s National Bursary Fund was established in 1990 and provides members with financial assistance while pursuing studies, courses, seminars, workshops and diploma/degree programs in areas of, spiritual growth, adult faith formation, youth ministry, ministry to patients in palliative care, ministry to shut-ins, parliamentary procedure, and literacy tutoring. Members use this bursary opportunity to take online courses and workshops. One thousand dollars can be awarded per year to a maximum of \$4,000 in a member’s lifetime. Refer to item #552 on the League’s national website for criteria and application information. The League brochure is found at: <https://cwl.ca/wp-content/uploads/2019/09/312-National-Bursary-Fund-Brochure-2019.pdf>

CWL National Webpage

In ongoing efforts to inspire you in faith, service and social justice the League is happy to introduce a new permanent webpage that has been added to the CWL national website. “To Inspire” is the home for inspirational messaging and videos promoting the League: <https://cwl.ca/to-inspire/>

WUCWO

The Catholic Women’s League of Canada (CWL) is officially recognized by the Canadian Conference of Catholic Bishops (CCCB) as a lay association of women and is affiliated with the World Union of Catholic Women’s Organizations (WUCWO), a world-wide federation holding membership in the conference of International Catholic Organizations. Go to this link to discover all that WUCWO does and to read their monthly newsletter: <https://www.wucwo.org/index.php/en/>

The CWL & Canadian Blood Services



Attention Members: The CWL has committed to donating 200 donations of blood for 2022!

There is an immediate need for new and returning blood donors. The urgent need for blood continues across our healthcare system.

There are three permanent Canadian Blood Service centers in Toronto: 2 Bloor Street East, 67 College Street, and 163 King Street West. If you’re in good health, please visit blood.ca to book an appointment and for the latest updates.

Everyone has the privilege to donate blood and encourage others to donate. CWL members are asked to give the gift of life and to register with Canadian Blood Services “Partners for Life” program using the League’s unique Partner ID (**CATH011269**) to record donations.

For information on Blood Services go to: <https://www.blood.ca/en>

Genetics

On the topic of Genetics, you can monitor and study the advantages / disadvantages of scientific developments in light of teachings of the Catholic Church through the Canadian Catholic Bioethics Institute (CCBI). Current information is available regularly on the CCBI website. <http://www.ccbi-utoronto.ca/>



The newsletter will return in September.
Be well and safe!

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