



June 2021

**Executive**

President: Jane Dietrich  
President Elect: open chair  
Secretary: Corinne Santianni  
Treasurer: Linda Duke  
Past President/Historian: Anyta Kyriakou

**Convenors**

Organization/Membership: open chair  
Spiritual Development: Maryse Ristuccia & open co-chair  
Resolutions/Legislation: open for 2 co-chairs  
Community/Family Life: Jenni Commanda & Dorothy Currie  
Education: Marlene Libbus & open co-chair  
Health: Krysia Theriault & Geri Crisci  
Communications: Carmen Vanderreest & open co-chair

*Contact information for the executives and convenors can be found at the end of this newsletter.*

**CWL Websites**

National: [www.cwl.ca](http://www.cwl.ca)  
Provincial: [www.cwl.on.ca](http://www.cwl.on.ca)  
Diocesan: [www.cwltoronto.ca](http://www.cwltoronto.ca)

The Catholic Women's League of Canada (CWL) is a sisterhood, rooted in Gospel values that, "Calls its members to grow in faith, and to witness to the love of God through ministry and service". The CWL is guided by its motto "For God and Canada".

Patroness of the CWL is Our Lady of Good Counsel whose feast day is April 26<sup>th</sup>.

**Parish Website**

[www.stjohnsrc.ca](http://www.stjohnsrc.ca)

Congratulations to Alphonse Choi, our seminarian-in-residence who has recently graduated, earning recognition on the Dean's list!

**Parish YouTube Channel**

<https://www.youtube.com/channel/UC8pLWrdARlezRMzjHJv9aQ>

To view all videos posted by our church including Sunday Masses.

**Next Meeting**

All meetings have been suspended due to the pandemic. From time to time we are holding online prayers, meetings and presentations. We will keep you updated.

**Help is Here**

We have members who are happy to help anyone needing assistance with grocery shopping, errands or appointments. Please contact Maryse at [maryse.ristuccia@gmail.com](mailto:maryse.ristuccia@gmail.com)

**Prayers**

Let us remember these fellow sisters in our prayers:  
*Noreen Boyle     Ulrike Licht     May Fitzpatrick*  
*Carmel Richard     Marlene Libbus*

**Message from Jane**

In response to the 215 graves found on site of the former Kamloops Indian Residential School on the traditional territory of the Tk'emlúps te Secwépemc First Nation I share with you some words from the CWL's National Chairperson of Community Life, Marie Rackley and myself. Ms. Rackley writes, "Although I have never had the opportunity of knowing many Indigenous people or studying much about their culture, I have great respect for what they have endured .... Let Indigenous people know members are ashamed of what has happened to their families. Turn to Our Lady of Good Counsel for guidance and she will assist you .... and may Jesus give you strength to do what is just in today's world."

What is "just" is a formal apology from the pope as was called for in 2015 through #58 of the Truth and Reconciliation Commission of Canada's Calls to Action: "*We call upon the Pope to issue an apology to Survivors, their families, and communities for the Roman Catholic Church's role in the spiritual, cultural, emotional, physical, and sexual abuse of First Nations, Inuit, and Métis children in Catholic-run residential schools. We call for that apology to be similar to the 2010 apology issued to Irish victims of abuse and to occur within one year of the issuing of this Report and to be delivered by the Pope in Canada.*"

**215**

My name is Jane Dietrich.

I am a Catholic woman and a CWL member. I am sorry for the injustices committed by the Catholic Church against these Indigenous children forced to attend residential schools and for the needless deaths of hundreds of other Indigenous children whose deaths were never reported to their families.

**I AM SORRY**

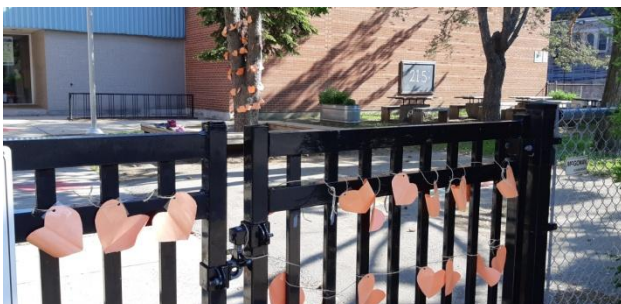


### **Messages of Apology**

After the discovery of 215 unmarked and undisclosed graves found on the site of the former Kamloops Indian Residential School all members were invited to write personal messages of apology, as individual Catholics, to the people of the Tk'emlúps te Secwépemc First Nation. A number of these messages were received. They are now being packed together to be sent to the Tk'emlúps te Secwépemc First Nation.

### **A Show of Love & Support**

Within a day of learning the news of the 215 graves discovered at the site of the Kamloops Indian Residential School 215 orange coloured hearts appeared in the front yard of St. John Elementary School. They were strung around trees and tied to fences and gates. The number 215 was written large on the outdoor blackboard and children's shoes were left in memory in the yard .



### **Shoe Memorial**

An assortment of children's shoes have been placed on the stairs to the main entrance of our church. The source is unknown but it is a welcomed memorial to the 215 children buried at the Kamloops Indian Residential School.



### **Canadian Conference of Catholic Bishops**

Below are 2 links to statements issued by the Canadian Conference of Catholic Bishops (CCCB) related to Indian Residential Schools. During these troubling days please take time to read them as well as the prayer written by the Canadian Catholic Indigenous Council in honour of National Indigenous Peoples Day 2021.

<https://www.cccb.ca/indigenous-peoples/indian-residential-schools-and-trc/>

<https://www.cccb.ca/announcement/cccb-statement-delegation-to-the-holy-see/>

### **Prayer for Tolerance, Forgiveness, Reconciliation**

O God, Creator and Father of all,  
with humility we your children acknowledge the relationship  
of all living things.

For this we thank you, we praise you and we worship you.

We call on you, Great Mystery, the Word made Flesh  
– our teacher, prophet and brother –  
to open our hearts to all our brothers and sisters,  
and with them to grow in the wisdom, honesty, courage and  
respectfulness shown in The Sacred Teachings.

Give us the vision and honesty to recognize  
that the we are all brothers and sisters of one human family,  
created and sustained by the One Creator.  
As we deal with many challenges, may we never give way to  
fear and anger, which can be the source of division and threat  
amongst peoples.

We look to how God always gives to us,  
as a remedy for sins of prejudice and intolerance.  
We see in God the Creator of all things,  
One who always provides and is generous  
– even given the abuses we have heaped on one another and  
on the earth.

We see in the Son, Jesus Christ  
- the innocent Victim who pours His life blood out from the  
Cross for all peoples.

We see how the Holy Spirit is God's gift,  
alive in our world today  
– inspiring vision and hope that we can have  
the same mind and heart of God!

May Your Spirit bless the souls  
who died at the Kamloops residential school  
and all souls who died at residential schools.

May this same Spirit also bring blessing and healing  
to all families and communities affected in any way by  
the schools.

O Creator, show us the way to healing,  
forgiveness and reconciliation  
and a renewed fellowship.

Amen

– Canadian Catholic Indigenous Council

### **Period Purse Collection**

During a 28 day 'cycle' members collect menstruation products for marginalized and homeless girls and women. The Period Purse is a non-profit group that "strives to achieve menstrual equity and reduce the stigma surrounding periods". On Friday, May 28<sup>th</sup> our donations, filling 5 boxes, of various period products were delivered to this group! These donations will bring dignity in the most hygienic way possible for struggling girls and women. Well done ladies!



### **Spiritual Development**

Beautiful, long summer days have arrived bringing time to relax in the sunshine and enjoy nature and a more laid-back lifestyle. This is the time that we have our annual members and friends' CWL dinner to celebrate the year of working together to put our faith into action which, due to the pandemic, is once again postponed. We do not have this opportunity at the moment, but we will and must pray to continue with our mission until we can do so in person. We will continue to connect virtually throughout the summer on Friday evenings at 7:30 to pray the Rosary. Each week we dedicate the Rosary to a special person(s)/event. If you would like us to pray for a particular intention, please let me know and we will do so. This same link goes out each week for you to join us on Zoom. Come pray with us at:

<https://zoom.us/j/94327881622?pwd=UWpCTjR4cjFldGc5Yjk4bE5nbEg0dz09>

The church is open again, with limited capacity and continuing with health and safety protocols but summer is the usual time our church empties as people enjoy summer activities. Let us not pass up this opportunity to worship in person, whether here in our own beloved parish or away, take time to participate in the celebration of Mass, our souls have been missing and craving that in-person experience and receiving the Holy Eucharist.

Last week on Wednesday (June 23) Mass was celebrated in honour our council's 70<sup>th</sup> anniversary. You can view it on the church's YouTube Channel. This is a momentous occasion! Seventy years of service in our parish, seventy years of the women, our mothers, sisters, putting their faith into action! All of these women living their faith, reaching out to others in many ways over the years. We have inherited a legacy of SEVENTY YEARS of hard work and love expressed by so many women in our midst. In this time period not only have they been of service, but they have prayed together and developed and learned about our faith and grown as

members of the Church. I have now been the Spiritual Development Chair for several years, a position that I did not feel I was equipped for, but what happened is this: I said, "Here I am Lord" and as a result I personally have grown in my faith and learned so much. As part of my role, I have tried to share what I have learned with you my dear sisters in the League, and I hope that you too have learned and grown in your faith. As we move on to our next chapter, pray and meditate on how you too can push yourself to answer the call and become a more active member. Don't feel you can do it? Have faith, God will show the way. Have a blessed summer remembering that all the beauty around us is part of God's creation! Blessings, Maryse

### **In Appreciation**

In January, Heidi Deschenes stepped down from her role as our council's president. As is customary, we recognize our presidents for their service at our year end banquets normally held in June. As that was not possible this year, Maryse Ristuccia and Carmen Vanderreest paid a visit to Heidi at her home in late May. They presented Heidi with a \$100 gift certificate from East End Garden Centre and a 300g bag of decaffeinated Columbian roast coffee beans from the Prologue Cafe. Heidi and her husband are in the midst of a large landscaping project for their home with she and her husband are doing the gardens themselves, and Heidi really enjoys coffee, venturing into the world of decafs. Heidi sends her gratitude to all for the gifts.



*Heidi in her front garden with gifts received and Maryse*

### **Tribute to Fathers**

Pope Francis declared 2021 the "Year of Saint Joseph" marking the 150<sup>th</sup> anniversary of the declaration of Saint Joseph as Patron of the Universal Church. St. Joseph is also the patron saint of Canada.

The word patron comes from the Latin *pater* or *patr* - meaning "father" and each June we celebrate our own fathers on Father's Day. We hope all fathers, grandfathers and father-figures enjoyed a wonderful Father's Day! For this month's newsletter members were asked to share stories of how your father encouraged and/or supported you in general or at a particular time in your life or tell how you were influenced by your father, perhaps in your career, an important decision, choice of hobby, etc. Below are the

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stories received from members.

**Doris Cecchini** sent 2 photos and wrote: "My father, Ermenegildo Cecchini, was a wonderful man. I grew up watching him help family, friends, and neighbours, with anything they needed. He was a carpenter who took pride in his work and he held himself to a very high standard. When he built something you knew it was going to last forever. He had hands of gold. Thanks to him, I learned to work hard, always do my best and to always help others. It also makes me proud when I see his 5 granddaughters doing as "nonno" would have done."



A young Doris with her father



Doris' father at Oktoberfest

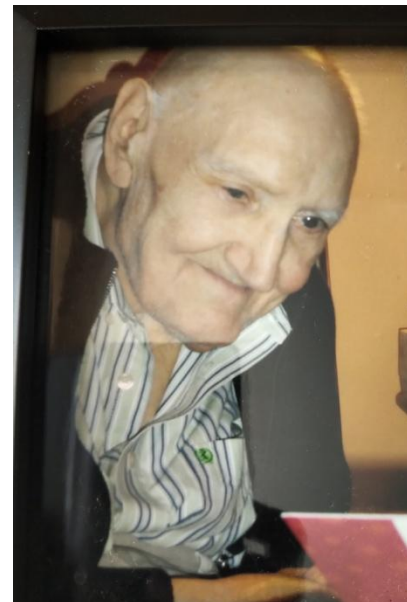
**Peggy Roach** wrote: "My father was a man with a very soft heart. He could be difficult to live with at times because of his own demons but he was a man you could count on when needed.

In the early 70's I backpacked through Europe with 2 friends and eventually ran out of money in Germany. These were the days without mobile phones and easy bank transfers

available to us. I managed to send a telegram to my father asking him to send money to a specific bank in Munich. When he received the phone telegram he called up his bank in Elmvale (Ontario) and told them to wire the money immediately! This was not a regular occurrence for the local village bank and there was some pushback. Undeterred he insisted this be done now as his daughter was in a far-away country and needed help. Needless to say the money arrived as I knew it would. My father, like my husband is a man you could/can count on."

**Lisa Robichaud** wrote: "My father was a very influential figure in my life and in the lives of most people he met. One particular example changed my life forever. He'd been working as a civilian consultant to the military, and knew that I was a very restless tomboy. So one day he brought home brochures about Wrenettes and asked if I'd like to look at them. I was intrigued, and so our family went to a "drill night" of both Wrenettes and Sea Cadets (they shared a building). Years later, he and all the family burst with pride when Prince Philip awarded me the Gold Duke of Edinburgh Award, which I had earned during my Wrenette years."

**Geri Crisci** sent a photo and wrote: "My Dad was my biggest supporter and by the time of his passing, my best friend. I remember asking him if there was any way that he could buy me a New York Sunday Times newspaper. My high school English teacher had suggested we read this newspaper if we wanted to get a "complete and accurate accounting of domestic and international news". At the time, that paper was \$2.00, a very expensive item, in a time when a monthly subscription to the local daily paper was \$3.00! God bless him, the guy made sure I had the paper. I overheard him say to my mother: "Even if she learns one new thing a week from it, it's worth the money". That pretty much describes his value system. To this day I remember this experience as a turning point in my own appreciation of knowledge and learning. I consider myself a very blessed person for the parents God gave me."



Geri Crisci's father

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**Jenni Commanda** sent in 2 photos and wrote: "One of the many things I learned from my dad is how strong us Natives can be. He taught me how to fish and hunt and all about our native traditions and how important family is even when it's a broken family. He is 1 of 14 children. As well he taught me how to persevere and be proud of being Native. His greatest example of perseverance was when he became the first Native Toronto Police Officer. His first name is Alvin - "Al".



Jenni and her father



Jenni, her father, mother and two sisters

**Ulrike Licht** sent 3 photos and wrote: "My Dad, Michael Hantel (or Papi as we call him) is a scientist, he studied physics and became a climate researcher and meteorologist. Although none of his three children followed in his footsteps, (it was passed on directly to his grandchildren), there is so much I owe to my father. He is always 100 % authentic, and here are some of the things he has passed on to us: his faith, his love of religion and liturgy: the practice of our faith as well as religious discussions have always been an undisputed part of our family life; his love of nature and especially the mountains: he took us hiking and mountain climbing from a very young age, and still does at over 80 now, and is admired for it by his 10 grandchildren; his love of classical music, of language and poetry: he can recite a poem for every situation and has made the best ones himself; his love of family and friends: he shows us what it means to be absolutely and

unfailingly faithful (my parents have been married for almost 57 years), to not leave anybody behind, the value of friendship, hospitality and generosity; his love of photography: not so much as an art form but as a chronicle of our family... My Dad is now slowly losing his eyesight which is very difficult for a person for whom reading has always been so important. But, together with my Mom, he is making the best of it, never complaining and staying true to himself. I am so very grateful for my Dad and hope to be able to see him again soon, when traveling will once again be possible."



Baby Ulrike with her father



A young Ulrike and her father



Ulrike and her father

Con't . . .

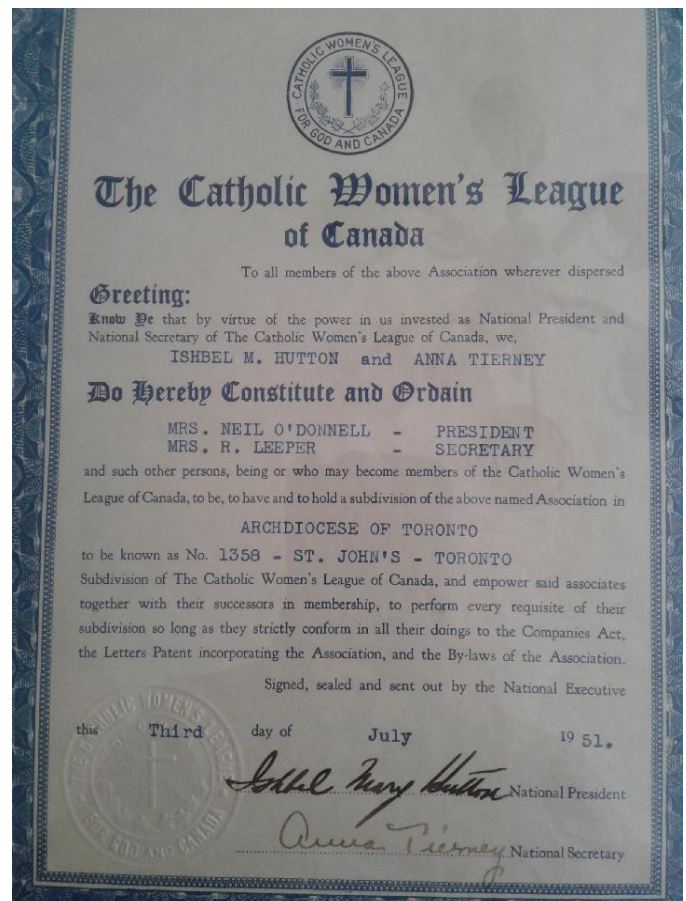
**Maryse Ristuccia** wrote: "My father was a very strict dad, and I remember receiving a spanking only once because I never needed anything but a stern look from him after and then I did as I was told. We always enjoyed long discussions about current affairs and what was right or wrong in society, but I never argued about what I wanted for myself in life as that would not be an argument I could win. About five years after my mother passed away my father asked if he could come and live with me and my family. We all, without hesitation, said yes, and this was a time when we all got to know my father much better. In the six years he lived with us he was always making sure not to be a burden in any way and always tried to help. My garden never looked so good! Front and back, it was admired by all the neighbours. I never ironed a thing as he said that was something he could do while watching television. He was an excellent cook and would prepare his own lunch and often made extra thinking that my kids might like it as a snack when they came home from school. After suffering a stroke, with determination and constant effort he was able to walk again and write again but decided that he wanted to go to a nursing home: he did not want to be a burden to me. I offered to quit my job and be home with him, but he would not hear of it. He was thinking of my future, and he did not want me to come home and find him dead on the floor. In the last month of my father's life, I went to visit him every day after leaving work. In these quiet hours he confessed that he felt he had not been a good father, I held his hand and told him that I knew he had done the best he could. So many things could have been different, but I knew that his strict rules had been out of love and fear for us, and he did what he knew, much better than his own parents had done. I choose to remember good lessons from my dad; smile at everyone and treat everyone equally, always be curious and keep learning, take opportunities when they present themselves; take pride in doing a good job, no matter what it is. When I put together a picture of what my father's life was like as he grew up and the hardships he suffered, I forgive any slight to me as he really did the best he could at the time, and I remember his smile and his appreciation of how thankfully life for all of us had improved. Fifteen years after my father's death, I still miss him, and I still have conversations with him in my head. I probably still would not win the argument. Happy Father's Day Dad!"

**Carmen Vanderreest** wrote: "I didn't always love my father, that came later, but I always admired his ability to do anything he put his mind to. He was a proud navy man, a submariner, who could build anything and whistle the song of most birds. His faith came first and he would always check that we had polished our shoes to a perfect shine before going to church. He was devoted to my mother and ruled with an iron fist that he himself had been raised with. It was his love for nature; the great outdoors, the wild places that influenced me the most and became a bond for us. Our family vacations were always in a tent somewhere off the map and this was when he seemed happiest. For a rugged strict Dutch man he painted the most beautiful scenery and carved the most intricate pieces. Caring for him in his last years was a blessing, it gave us the quality time together that we had

missed when we were younger and far too often at odds with each other."

### Charter & Mass Celebration

On July 3<sup>rd</sup> our CWL council here at St. John's will celebrate its 70<sup>th</sup> anniversary! Unfortunately any festivities will need to wait until it is safe to gather as a group again. On Wednesday, June 23<sup>rd</sup> Fr. John-Mark celebrated a Mass recognizing both, the 100<sup>th</sup> inauguration anniversary of the CWL's national council and our own council's milestone. It was a lovely Mass served by members Peggy Roach as extraordinary minister of Holy Communion and Corinne Santianni as lector. President Jane Dietrich requested the hymn *Immaculate Mary* which was used for the offertory and our organist Eric Walker chose *Ave Maria* for the intro, *Tell Out My Soul, Panis Angelicus* and *Mary, Woman of the Promise* as the other three hymns. All were beautifully sung by professional soprano Allison Angelo. Fr. John-Mark's homily tied the Holy Eucharist, thanksgiving and the Catholic Women's League together saying they are all connected in the past, present and future with God's gift of Jesus Christ at every Holy Mass who himself is the same; yesterday, today and forever. Our spiritual development chair, Maryse Ristuccia also spoke, encouraging members to continue the legacy forged by our council's founding two members and other parish women who have carried us forward to this anniversary through active involvement. Below is a photo of our council's original Charter signed July 3<sup>rd</sup>, 1951.



## Garden Thanks

With generous donations from our parish and a number of CWL members the church gardens were planted for another summer by members Anu Herath and Carmen Vanderreest. There are enough funds remaining for autumn 'mums' and spring bulbs to bloom in 2022! Thank you!



## Knights of Columbus Lottery

Each year the Knights of Columbus sell tickets for their annual Knights of Columbus Ontario Charities Foundation which supports many charitable programs and organizations locally and provincially. In the past, prizes have ranged from cash and cars to boats and trailers.

Due to the pandemic they have moved their fundraiser online and have changed it to a 50/50 raffle with quarterly draws. New tickets must be purchased for each of those 4 draws. Tickets are 15 for \$10, 40 for \$20 or 100 for \$40. Ticket numbers are computer generated and emailed to the buyer.

Tickets for the third quarter draw go on sale July 1<sup>st</sup>. The payout prize grows daily based on ticket sales and a winning ticket will be drawn on September 30<sup>th</sup>.

There is a drop-down menu under "Organization" to choose a parish council but unfortunately St. John's Council 7008 is not shown so just leave that box showing the words "Knights of Columbus Ontario Charities" You can still purchase tickets without the council number.

For full details and to purchase your tickets beginning July 1<sup>st</sup> go to:

<https://www.kofcontario5050.com>

## June Celebrations!



**Happy birthday** to everyone celebrating a birthday this month including:

- **St. John's Church Building** - 89 years old on the 5<sup>th</sup>!
- **Lucille Covelli** on the 6<sup>th</sup>!
- **Pat O'Hara** on the 8<sup>th</sup>!
- **Lisa Robichaud** on the 12<sup>th</sup>!
- **Jane Dietrich** on the 23<sup>rd</sup>!

**Congratulations to:**



**Kay & Rick Ainey** celebrating their 47<sup>th</sup> anniversary on the 1<sup>st</sup>!

## Calendar of Events

- ❖ **July 3<sup>rd</sup>** – Our own CWL council here at St. John's will celebrate its 70<sup>th</sup> anniversary!
- ❖ **August 8 to 10** – National CWL Convention – virtual from Toronto

## A Summer Prayer

Go with God!

As you leave for the summer,  
Go with God, for God goes with you.

As you begin new projects or a well-deserved family vacation  
As you meet and make new friends,  
Go with God, God will guide you.

As you enjoy the summer sun and the summer's cool blue waters, be wise and safe.

Respect the beauty of the earth as God's gift to you,  
And go with God, for God has created you.

As you go to quiet places to reflect and to pray,  
To enjoy the peace,

And the beauty of private space,  
And time off, Go with God,  
For God always goes with you.

– Anonymous

Your CWL council wishes you a safe summer as you "Go with God". The newsletter will return in September. Keep well.

## Catholic Family Services

A wide variety of programs and services are offered through Catholic Family Services of Toronto. Due to the pandemic they have moved to online assistance such as their Quick Access Single Sessions for individuals, couples, and families who have urgent needs. Their counsellors "are prepared to work with the needs, strengths, values, and goals of individuals and families. We also recognise and sensitively respond to differences in cultural, racial, gender, and religious backgrounds of clients.

To arrange for an Online Quick Access Single Session, please call **416-921-1163** (Central Toronto office) or **416-222-0048** (North Toronto office) and leave a message with your name and contact information. A staff person will contact you and provide you with further information." You can also send an email to this main address: [info@cfstoronto.com](mailto:info@cfstoronto.com)

"Clients who are interested in pursuing other or additional services in the agency have the option to access our ongoing counselling, wellness, or group programs.

**FEE FOR SERVICE:**

Counselling fees are charged according to a client's income level. No one is denied service because of his/her inability to pay fees." For more info go to: <https://www.cfstoronto.com>

## Virtue of the Month

From the Toronto Catholic District School Board:  
June's virtue is Faithfulness.

- "You must love Yahweh your God with all your heart, with all your soul, with all your strength" (Deuteronomy 6:5)
- "And whatever you ask in prayer, you will receive, if you have faith." (Matthew 21:22)
- "Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the LORD, who has compassion on you." (Isaiah 54:10)
- "When you have faith in God, you don't have to worry about the future. You just know it's all in His hands. You just go to and do your best." (Elder Bryan Mathison)
- "Faith and prayer are the vitamins of the soul; man cannot live in health without them." (Mahalia Jackson)

## CWL Membership

We welcome any woman 16 years of age or older to join us! We are a diverse group of caring women who are making a difference, and you may participate at whatever level of involvement suits you. The annual fee remains the same at \$25.00 which has \$20.00 passed on to support CWL councils and initiatives at the national and provincial levels which are still active during the pandemic. The remaining \$5.00 supports our own council here at St. John's. Fees can be paid by cheque or e-transfer. Please provide your full contact information.

**Cheques** should be made payable to **St. John's CWL** and mailed to:

Jane Dietrich  
102 - 569 Kingston Rd.  
Toronto, ON  
M4E 1R3

**E-transfers** should also be sent to Jane at:

[dietrichjane10@gmail.com](mailto:dietrichjane10@gmail.com)

Please direct any questions about joining, renewing or returning to Jane at 416-698-3528 or through her email noted above.

## Milk Bag Project

During the pandemic **clean OUTER milk bags** are still being collected but should not be dropped off at the church. Please drop them on the porch or in the mail box at either **87 Coalport Drive** or **66A Osborne Ave.**

These bags are turned into "plarn" (plastic yarn) and then crocheted into mats. When completed, the mats are normally given to a group of grade 10 Social Justice students and their teacher at St. Michael's Choir School who delivers them to the homeless. During the pandemic the mats are given to and delivered by only the teacher.

Milk bags **must be clean and dry**, inside and out – no milk residue. Please fold them or roll them together instead of scrunching them up to make it easier for the measured cutting process. Thank you!

Maryse is crocheting the plarn into mats but it is slow going. If anyone would like to do some crocheting, it is a very simple chain stitch and your help would be most appreciated. Please email Maryse at: [maryse.ristuccia@gmail.com](mailto:maryse.ristuccia@gmail.com)

## CWL Bursaries

CWL's National Bursary Fund was established in 1990 and provides members with financial assistance while pursuing studies, courses, seminars, workshops and diploma/degree programs in areas of, spiritual growth, adult faith formation, youth ministry, ministry to patients in palliative care, ministry to shut-ins, parliamentary procedure, and literacy tutoring. Members use this opportunity to take online courses and workshops. One thousand dollars can be awarded per year to a maximum of \$4,000 in a member's lifetime. Refer to item #552 on the League's national website for criteria and application information. The League brochure is found at: <https://cwl.ca/wp-content/uploads/2019/09/312-National-Bursary-Fund-Brochure-2019.pdf>

## CWL National Webpage

In ongoing efforts to inspire you in faith, service and social justice the League is happy to introduce a new permanent webpage that has been added to the CWL national website. "To Inspire" is the home for inspirational messaging and videos promoting the League: <https://cwl.ca/to-inspire/>

## The CWL & Canadian Blood Services



Canadian Blood Services is always in need of blood donations. Everyone has the privilege to

donate blood and encourage others to donate. CWL members are asked to give the gift of life and to register with Canadian Blood Services "Partners for Life" program using the League's unique Partner ID (**CATH011269**) to record donations.

For information on Blood Services go to:

<https://www.blood.ca/en>

## Genetics

On the topic of Genetics, you can monitor and study the advantages / disadvantages of scientific developments in light of teachings of the Catholic Church through the Canadian Catholic Bioethics Institute (CCBI). Current information is available regularly on the CCBI website.

<http://www.ccbi-utoronto.ca/>

## WUCWO

The Catholic Women's League of Canada (CWL) is officially recognized by the Canadian Conference of Catholic Bishops (CCCB) as a lay association of women and is affiliated with the World Union of Catholic Women's Organizations (WUCWO), a world-wide federation holding membership in the conference



of International Catholic Organizations.

Click here to discover all that WUCWO does and to read their monthly newsletter: <https://www.wucwo.org/index.php/en/>

### **Provide A Meal**

With so many people left homeless or food insecure because of the pandemic the Good Shepherd Centre needs our help more than ever to help feed everyone who is turning to them in need. We are still providing lunch items to assist the Good Shepherd in their continued effort to give takeout lunches to the great number of homeless and marginalized. Below is a list of items to donate by dropping them off on the porch of member Natalia Pansieri on the last Sunday of the month.

Items can be placed into the bins and coolers provided. The Centre is also asking for donations of gently used men's winter boots and running shoes – **NO clothing at this time**. Natalia delivers all donations to the Centre. We ask that you give thought to helping us provide these items. For more info please contact Natalia at 416-918-0310 or by email at: [npansieri@yahoo.ca](mailto:npansieri@yahoo.ca)

Items needed:

Sliced bread	Cheese
Deli meats	Mayonnaise
Tinned fruit	Mustard
Peanut butter	Bottled water, juice boxes, etc.
Packaged snacks (granola bars, cookies, chocolate bars)	

Through your generosity in May, Natalia again filled her large Suburban SUV with donated lunch items in bags, bins, and boxes and delivered them to the Good Shepherd. Way to go St. John's and a big thank you to Natalia!

### **CWL Contact Information**

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